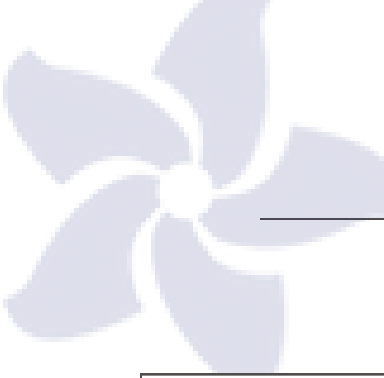




OCTOBER

DROP IN PROGRAM OPEN 9:00AM - 3:00PM MONDAY TO FRIDAY

2025

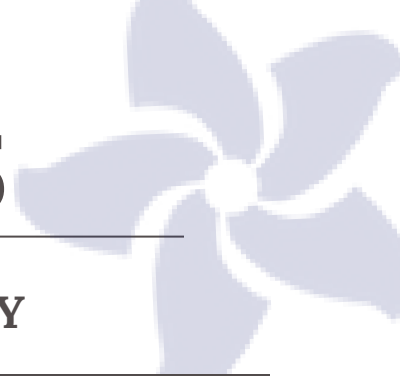
MONDAY	TUESDAY	Wellness WEDNESDAY	THURSDAY	FRIDAY
29 10:00 – CRAFT CAFE SIGN UP REQUIRED 1:00 – VISUAL STORIES WITH PRESCOTT GROUP	30 CLOSED IN RECOGNITION OF TRUTH & RECONCILIATION DAY	1 CLOSED BUILDING MAINTINENCE	2 10:30 – FITNESS 1:00 – CRIB & GAMES	3 10:30 – COFFEE SOCIAL 1:00 – MOVIE
6 10:00 – CRAFT CAFE SIGN UP REQUIRED 1:00 – MUSIC BINGO WITH PRESCOTT GROUP	7 10:00 – NAIL CLUB 1:00 – BINGO register by 12:45	8 10:30 – CHAIR DANCE 1:00 – BEADING WITH WEEPING WILLOW	9 NO BREAKFAST THANKSGIVING DINNER ADVANCED TICKET ONLY	10 NO BREAKFAST THANKSGIVING DINNER ADVANCED TICKET ONLY
13 CLOSED HAPPY THANKSGIVING	14 10:00 – NAIL CLUB 1:00 – BINGO register by 12:45	15 10:30 – CHAIR DANCE 1:00 – TONY QUINN MUSIC AND DANCE	16 10:30 – FITNESS 1:00 – CRIB & GAMES	17 10:30 – COFFEE SOCIAL 1:00 – MOVIE
20 10:00 – CRAFT CAFE SIGN UP REQUIRED 1:00 – CHAIR FITNESS WITH PRESCOTT GROUP	21 10:00 – NAIL CLUB 1:00 – BINGO register by 12:45	22 10:30 – CHAIR DANCE 1:00 – STORYTELLING WITH JANE	23 10:30 – FITNESS 1:00 – CRIB & GAMES	24 10:30 – COFFEE SOCIAL 1:00 – MOVIE
27 10:00 – COFFE SOCIAL 1:00 – SPOOKY CRAFTS WITH PRESCOTT GROUP	28 10:00 – NAIL CLUB 1:00 – BINGO register by 12:45	29 10:30 – BOOK CLUB 1:00 – MAGIC SHOW WITH VINCENZO RAVINA	30 12:30 Birthdays 10:30 – FITNESS 1:00 – CRIB & GAMES	31 10:30 – TD MUSIC BINGO 1:00 – HALLOWEEN DANCE

OCTOBER

9:00-10:00AM BREAKFAST. \$2.

12:00-12:30PM LUNCH. \$10 MEMBERS. \$12 NON-MEMBERS.

2025



MONDAY	TUESDAY	Wellness WEDNESDAY	THURSDAY	FRIDAY
29 Hamburger Soup Dinner Rolls	30 Spencer House Closed Truth & Reconciliation Day	1 Spencer House Closed for Maintenance	2 Homestyle Tourtiere Veggies	3 Hot Chicken Sandwiches Mash & Veggies
6 Spaghetti & Meat Sauce w Salad & Garlic Bread	7 Sweet & Sour Pork w Jasmine Rice	8* Breakfast*Smoothie Bar African Chicken Peanut Stew Biscuits	9 NO BREAKFAST Thanksgiving Turkey Dinner ADVANCED TICKET ONLY	10 NO BREAKFAST Thanksgiving Turkey Dinner ADVANCED TICKET ONLY
13 Spencer House Closed Thanksgiving Day	14 Homestyle Pot Pie Dinner Rolls	15 Baked Haddock Sweet Potato Mash Roasted Carrots	16 Beef Stew Homemade Biscuits	17 Roast Pork w Mashed Potatoes & Veggies
20 Tortellini w Rose Sauce & Crispy Chicken	21 Meatloaf Mashed Potatoes & Veggies	22 Ham & Cheese Quiche Salad	23 Shepherd's Pie Dinner Rolls	24 50's Diner Day! Burgers Potato Salad
27 Singapore-Style Chinese Noodles & Spring Rolls	28 Swedish Meatballs Hot Buttered Noodles	29 Salmon Cakes Garden Salad Dinner Rolls	30 Baked Ham & Scalloped Potatoes BIRTHDAY CAKE!	31 Lasagna Caesar Salad Garlic Bread