

Spencer House Drop-in Program  
Monday to Friday 10:00 am to 3:00 pm

# JUNE 2022

5596 Morris St. Halifax  
902-421-6131 [spencerhouse.ca](http://spencerhouse.ca)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 10:00 Coffee Social 11:00 Member's Meeting 1:00 Glee Club Singing	7 10:00 Crosswords & Coffee 1:00 Bingo	8 10:00 Coffee Social 1:00 End of Life Planning Workshop *Call ahead to register*	9 10:30 Chair Dancing 1:00 Crib Club & Games Afternoon 1:30 Two Houses Theatre	10 10:00 Tech Buddies 1:00 Friday Funday Karaoke & Happy Hour!
13 10:00 Garden Club 1:00 Glee Club Singing	14 10:30 Stretch & Breath Exercise 1:00 Bingo	15 10:00 Coffee Social 12:00 Lunch & Learn about "Seniors Buddies" *Call to Reserve Your Spot* 1:30 Laughter Exercise	16 10:30 Chair Dancing 1:00 Crib Club & Games Afternoon 1:30 Two Houses Theatre	17 10:00 Tech Buddies 1:00 Friday Funday Karaoke & Happy Hour!
20 10:00 Garden Club 1:00 Glee Club Singing	21 10:30 Stretch & Breath Exercise 1:00 Bingo	22 10:00 Coffee Social 1:00 Jeopardy!	23 10:30 Chair Dancing 1:00 Crib Club & Games Afternoon 1:30 Two Houses Theatre	24 10:00 Tech Buddies 1:00 Friday Funday Karaoke & Happy Hour!
27 10:00 Garden Club 1:00 Glee Club Singing	28 10:30 Stretch & Breath Exercise 1:00 Bingo	29 10:30 Book Club 1:00 Show & Tell!	30 10:30 Chair Dancing 12:30 Birthday Bash! 1:00 Crib Club 1:30 Two Houses Theatre	July 1 Centre Closed Canada Day

**UPCOMING EVENT:**

JULY 29th Bus Tour to Hennigar's Farm & Picnic Lunchi

\*\*Call ahead to reserve your seat\*\*

Lunch everyday at 12pm

Members \$7

Non-members \$10 \* \*Includes tea/coffee & dessert!

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 Chicken Burgers and Fries	7 Meatloaf & Mashed Potatoes	8 Tortellini in Tomato Sauce & Salad	9 Bangers & Mash	10 BBQ & Sundaesi
13 Shrimp Skewers & Rice Pilaf	14 Beef Stew	15 Grilled Chicken Caesar Salad Lunch & Learn *Call to Reserve Your Spot*	16 Teriyaki Pork Stirfry	17 BBQ & Sundaesi
20 Baked Ham & Scalloped Potatoes	21 Spaghetti & Meatsauce	22 Breaded Fish & Roasted Potatoes	23 Mac-N-Cheese & Salad	24 BBQ & Sundaesi
27 Pork Chops & Mashed Potatoes	28 Shepherd's Pie	29 Chicken Stir-Fry	30 Lasagna & Garlic Bread	July 1 Centre Closed Canada Day

LUNCH & LEARN EVENT: Seniors Buddies Program  
Wednesday, June 15  
\*\*Call ahead to reserve your seat\*\*

Lunch everyday at 12pm  
Members \$7 Non-members \$10 \* \*Includes tea/coffee & dessert!

